

2228 Bellflower Rd. NE
E. Rochester, OH 44625

August 7, 1999 SEP -9 10 132

6665 95 1 18
FOOD & DRUG ADMINISTRATION
5600 Fishers Lane
Rockville, MD 20857

Sirs:

My doctor recommends Saw Palmetto for prostate health. I have compared several brands of Saw Palmetto and cannot evaluate their content.

One claims to be WHOLE HERB Saw Palmetto from Saw Palmetto BERRIES.
Another is WHOLE HERB Saw Palmetto from Saw Palmetto FRUIT (same thing?).
Another is Saw Palmetto EXTRACT. Isn't any product made from berries or fruit an extract?

While these products are used in drug context, I understand they are not subject to federal drug regulations. However, each bottle contains the words "supplement" or "nutrition." As such, I assume they at least are subject to food regulations regarding labeling -- labeling which the consumer can understand.

Please compare potency of the following for me.

REXALL Whole Herb Saw Palmetto, 450 mg per capsule.
SUNDOWN Whole Herb Saw Palmetto, 450 mg per capsule.
BRONSON's Saw Palmetto 80 mg per capsule
NOW Saw Palmetto Extract, 160 mg per capsule.

Bronson's, 1-800-235-3200 (600 E. Quality Drive, American Fork, UT 84003-3302)
REXALL Sundown, Inc. Boca Raton, FL 33487
SUNDOWN (same as above address)
NOWFOODS, Glendale Heights, IL 60139.

Sincerely,

Harry Kyran Perry
Harry Kyran Perry

Copy:
Congressman Bob Ney

99P-3029

C131

CROSS FILE SHEET

File Number: 99P-3029/C131

See File Number: 99P-3030/C131

Food & Drug Administration
5600 Fishers Lane
Rockville, MD. 16 70
20857

